

---

# Sex Offender Outpatient Treatment Programs Interview Guide

## APPENDIX A

---

### PROGRAM DESCRIPTION

1. When did your treatment program for sex offenders begin operation?
2. Which of the following does your program treat?
  - Adult males
  - Adult females
  - Juvenile males
  - Juvenile females
  - Developmentally disabled or low functioning adults
  - Developmentally disabled or low functioning juveniles
3. What types of sexual deviancy does your program treat?
  - Stranger rape
  - Acquaintance rape
  - Same-sex child molestation
  - Opposite-sex child molestation
  - Incest
  - Exhibitionism
  - Voyeurism
  - Multiple sexual deviancy
  - Bestiality
  - Obscene phone calls
  - Other (please specify) \_\_\_\_\_
4. Do you currently have a waiting list? If so, how many people are on it and how long is the wait likely to be?
5. How would you describe your program's philosophy or approach to treatment?
6. What are the goals of your treatment program?
7. What are the main components of your treatment program (e.g., group therapy, individual therapy, family counseling, education, etc.)?
8. Is treatment tailored to an offender's specific needs or problems? If so, how?

9. How many months of treatment do sex offenders typically receive in your outpatient program (assuming they successfully complete treatment)?  
Range:  
Average:
10. What is the average number of hours per week that a client spends in treatment? How is that time typically spent?

## **COSTS OF TREATMENT**

11. How much do you charge the client for your treatment? Is this the same rate for everyone? If not, what are the different rates?  
Cost per hour:  
Cost per month:
12. Does your program have any contracts with units of government to provide treatment services? If yes, with whom do you contract? County? DOC?
13. Who pays the cost of treatment? [If possible, we want to get data on the percent of treatment costs paid by the following: state, community corrections agency, county social services, client medical assistance, client insurance, client personal resources, and other sources.]

## **CLIENT REFERRAL AND PROGRAM PARTICIPATION**

14. From where do you get program referrals?
15. Do you assess a client for “amenability” to treatment prior to accepting him or her? If so, do you use a standard assessment procedure? If so, what is it?
16. Are there any sex offenders that you will not accept? If so, who are they? Why won’t you accept them? (eg. violent offenders, those who used a weapon, deniers, low functioning individuals—what is the IQ cutoff for this category?)
17. Have you ever had to refuse treatment for a client who was determined to be amenable to treatment because there were no funds to pay for it? If so, when? Why? What county involved? How often has this happened?
18. How many sex offenders did your program screen for treatment during calendar year 1992? [If not open in 1992, start from whenever you first opened.] Of those, how many were accepted? Why did you not accept the others?

\*\*\*If you have already completed the data forms we have sent you, or plan to do so, we can skip Questions 19 and 20.

19. Of those who were accepted into treatment during calendar year 1992, how many successfully completed treatment, how many failed to complete treatment, and why?
20. Can we get a breakdown of individuals treated during 1992 by county of residence, and numbers of juveniles versus adults (if applicable)?
21. Do you assess clients for chemical abuse problems? If yes, do they receive treatment for their chemical abuse problems as part of therapy? What proportion of clients are chemically dependent?
22. Do you track any clients after they have left your program? If so, how? Whom do you track?

## PROGRAM STAFFING

23. How many treatment staff do you employ to treat **sex offenders**?
24. What qualifications do you require of your treatment staff? What kind of training have they had in treating sexual deviance?
25. What is the current ratio of treatment staff to average size of the client population? What is each therapist's caseload? If you have group therapy, how many clients and how many therapists are in each group?

---

---

# Sex Offender Treatment Program Data on Clients Served

---

Please complete **one** form for each client served between January 1, 1992 and December 31, 1992.

1. Client's Sex:  
 Male  
 Female
2. Client's Age (at time of entry or on 1/1/92 if already in program): \_\_\_\_\_
3. Client's Race:  
 White  
 Black  
 Other
4. Type of Sexual Deviancy (check all that apply):  
 stranger rape  
 acquaintance rape  
 same-sex child molestation  
 opposite-sex child molestation  
 incest  
 exhibitionism  
 voyeurism  
 other sexual deviancy (specify) \_\_\_\_\_
5. County of conviction or disposition: \_\_\_\_\_
6. Offense of conviction or disposition:  
 Criminal sexual conduct in 1st degree  
 Criminal sexual conduct in 2nd degree  
 Criminal sexual conduct in 3rd degree  
 Criminal sexual conduct in 4th degree  
 Criminal sexual conduct in 5th degree  
 Other (please specify) \_\_\_\_\_
7. Number of prior convictions or dispositions for sex offenses: \_\_\_\_\_
8. Client status as of 12/31/92:  
 Still in treatment  
 Successfully completed treatment  
 Client voluntarily left or absconded from treatment before completion  
 Client asked to leave treatment before completion (specify reason)  
\_\_\_\_\_

---

# Minnesota Sex Offender Treatment Providers

## APPENDIX B

---

<u>Treatment Provider</u>	<u>Program Type</u>	<u>Program Treats</u>	<u>Program Orientation</u>	<u>Average Length of Treatment (Months)</u>	<u>Number Served in 1992</u>
180 Degrees 236 Clifton Avenue South Minneapolis, MN 55403 (612) 870-7227	Residential	Adults	Adult halfway house	2.5	85
Affiliated Medical Centers 101 Willmar Avenue Willmar, MN 56201 (612) 231-5000	Outpatient	Adults & Juveniles	Sex offender treatment	24	4
Alpha Human Services 2712 Fremont Avenue South Minneapolis, MN 55408 (612) 872-8218	Residential	Adults	Sex offender treatment	18	48
Alpha Service Industries 1516 West Lake Street, Suite 101 Minneapolis, MN 55408 (612) 872-8218	Outpatient	Adults	Sex offender treatment	30	241 (est.)
Anoka County Juvenile Center 7555 4th Avenue Lino Lakes, MN 55014 (612) 786-7350	Residential	Juveniles	Supervision and control	11.5	14
Bonnie-Lyn Center 430 Patterson Avenue Mankato, MN 56001 (507) 388-5801	Outpatient	Adults & Juveniles	Sex offender treatment	18	12
Center for Parents and Children 810 4th Avenue South Moorhead, MN 56560 (218) 233-6158	Outpatient	Juveniles	Sex offender treatment	18	8
Central Minnesota Mental Health Center 1321 13th Street North St. Cloud, MN 56303 (612) 252-5010	Outpatient	Juveniles	Sex offender treatment	6	25
City Line Associated Psychotherapists 2469 University Avenue West St. Paul, MN 55114 (612) 642-1709	Outpatient	Adults & Juveniles	Sex offender treatment	Unknown	35

Treatment Provider	Program Type	Program Treats	Program Orientation	Average Length of Treatment (Months)	Number Served in 1992
Community Based Services, Inc. 277 Coon Rapids Blvd., Suite 108 Coon Rapids, MN 58716 (612) 780-8871	Outpatient	Adults & Juveniles	Sex offender treatment	12	2 <sup>a</sup>
Counseling Associates of Winona 157 Johnson, Suite 100 Winona, MN 55987 (507) 454-1599	Outpatient	Adults	Sex offender treatment	12	5 <sup>a</sup>
Peter Dimock 401 Groveland Avenue Minneapolis, MN 55403 (612) 879-0154	Outpatient	Adults & Juveniles	Unknown	12	5
Elk River Mental Health Center 730 Dodge Avenue, #101 Elk River, MN 55330 (612) 441-3770	Outpatient	Adults	Sex offender treatment	13	37
Family Life Mental Health Center 1428 5th Avenue South Anoka, MN 55303 (612) 427-7964	Outpatient	Adults	Sex offender treatment	24	35
Five County Sexual Abuse Program P.O. Box 287 Braham, MN 55006 (612) 396-3333	Outpatient	Adults	Sex offender treatment	36	35
Genesis II 3036 University Avenue South Minneapolis, MN 55414 (612) 348-2762	Outpatient	Adults & Juveniles	General treatment for women	12	5 (est.)
Harley Family Counseling Center 2780 North Snelling Ave., Suite 304 Roseville, MN 55113 (612) 636-9242	Outpatient	Adults & Juveniles	General treatment, with some emphasis on sex offenses	6	10
Hennepin County Home School Juvenile Sex Offender Program 14300 County Highway 62 Minnetonka, MN 55343 (612) 949-4500	Residential	Juveniles	Sex offender treatment	16	60
Human Services, Inc. 7066 Stillwater Blvd. Oakdale, MN 55128 (612) 777-5222	Outpatient	Adults & Juveniles	Sex offender treatment	18	25
Institute for Psychological Therapies 13200 Cannon City Blvd. Northfield, MN 55057 (507) 645-8881	Outpatient, with a quasi-residential component	Adults & Juveniles	Sex offender treatment	6	3
Itasca County Human Services 123 4th Street Northeast Grand Rapids, MN 55744 (218) 327-2981	Outpatient	Adults	Sex offender treatment	27	10

Treatment Provider	Program Type	Program Treats	Program Orientation	Average Length of Treatment (Months)	Number Served in 1992
LaOportunidad 1821 University Ave. W., Suite 182 St. Paul, MN 55104 (612) 646-6115	Outpatient	Adults	Sex offender treatment	2	11 <sup>a</sup>
Lakeland Mental Health Center 126 East Alcott Fergus Falls, MN 56537 (218) 736-6987	Outpatient	Adults & Juveniles	Sex offender treatment	6	35
Leo A. Hoffmann Center 105 3rd Street South St. Peter, MN 56082 (507) 931-6122	Outpatient Residential	Juveniles Juveniles	Sex offender treatment	9 11.5	22 98
Linden Center for Psychological Health 3549 Washington Drive Eagan, MN 55122 (612) 686-7521	Outpatient	Adults	Sex offender treatment	24	24
Lutheran Social Services 2414 Park Avenue South Minneapolis, MN 55404 (612) 879-5340	Outpatient	Juveniles	Sex offender treatment	15	36
MCF-Lino Lakes Transitions 7525 4th Avenue Lino Lakes, MN 55014 (612) 780-6100	State correctional facility	Adults	Supervision and control	Unknown	121
MCF-Oak Park Heights Sex Offender Treatment Unit Box 10 Stillwater, MN 55082 (612) 779-1400	State correctional facility	Adults	Supervision and control	17	80
MCF-St. Cloud Sex Offender Risk Reduction Program St. Cloud, MN 56301 (612) 255-5030	State correctional facility	Adults	Supervision and control	7	16 <sup>a</sup>
MCF-Sauk Centre Sauk Centre, MN 56378 (612) 352-2296	State correctional facility	Juveniles	Supervision and control	8	21 <sup>a</sup>
MCF-Stillwater Sexual Education and Evaluation Center Box 55 Stillwater, MN 55082 (612) 779-5731	State correctional facility	Adults	Supervision and control	7	116
Mayo Clinic 200 1st Street South Rochester, MN 55905 (507) 284-2511	Outpatient	Juveniles	Sex offender treatment	12	9
Meta Resources 970 Oak Ridge Avenue Shoreview, MN 55126 (612) 642-9317	Outpatient	Adults & Juveniles	Sex offender treatment	30	26

Treatment Provider	Program Type	Program Treats	Program Orientation	Average Length of Treatment (Months)	Number Served in 1992
Metropolitan Community Mental Health Center 2201 Blaisdell Avenue South Minneapolis, MN 55404 (612) 871-2273	Outpatient	Adults & Juveniles	Sex offender treatment	30	32 (est.)
McGuire Family Therapy Center 51 4th Street East Winona, MN 55987 (507) 452-3120	Outpatient	Adults & Juveniles	Sex offender treatment	15.5	186 (est.)
Mille Lacs Academy P.O. Box F Crosier Center Onamia, MN 56359 (612) 532-4005	Residential	Juveniles	Sex offender treatment	18	116
Minnesota Security Hospital 100 Freeman Drive St. Peter, MN 56082 (507) 931-7668	Residential	Adults	Sex offender treatment with comprehensive services for other mental disorders	36	44 <sup>a</sup>
Northeast Regional Corrections Center 6102 Abrahamson Road Saginaw, MN 55779 (218) 729-8673	Residential	Adults	Supervision and control	4.5	33
Northern Pines Mental Health Center 520 5th Street Northwest Brainerd, MN 56401 (218) 829-3235	Outpatient	Adults & Juveniles	Sex offender treatment	30	10
Northwestern Mental Health Center 100 College Avenue Crookston, MN 58716 (218) 281-3940	Outpatient	Adults & Juveniles	Sex offender treatment	19	30
Northwood Children's Home Society, Inc. 714 West College Street Duluth, MN 55811 (218) 724-8815	Residential	Juveniles	General treatment, with some emphasis on sex offenses	15	16
Park Nicollet Medical Center 14000 Fairview Drive Burnsville, MN 55337 (612) 892-8608	Outpatient	Adults & Juveniles	Sex offender treatment	12	8
PHASE 1600 University Ave. W., Suite 305 St. Paul, MN 55104 (612) 641-1485	Outpatient	Juveniles	Sex offender treatment	37	12
Program in Human Sexuality University of Minnesota 1300 2nd Street South, Suite 180 Minneapolis, MN 55454 (612) 625-1500	Outpatient	Adults	Sex offender treatment	36	60 (est.)
Project Pathfinder 1821 University Ave. W., Suite 1377 St. Paul, Minnesota 55104 (612) 644-8515	Outpatient	Adults	Sex offender treatment	37	90 (est.)



Treatment Provider	Program Type	Program Treats	Program Orientation	Average Length of Treatment (Months)	Number Served in 1992
Psychological Health Services 8 North 2nd Avenue East Duluth, MN 55806 (218) 722-1254	Outpatient	Adults & Juveniles	Sex offender treatment	36	24
Ramsey County Mental Health Clinic 529 Jackson Street St. Paul, MN 55101 (612) 298-4737	Outpatient	Adults	Sex offender treatment	26	15
Range Mental Health Center 624 13th Street South, P.O. Box 1188 Virginia, MN 55792 (218) 749-2881	Outpatient	Adults & Juveniles	Sex offender treatment	18	32
Re-Entry, Ashland 532 Ashland Avenue St. Paul, MN 55102 (612) 659-9420	Residential	Adults	Adult halfway house	2.5	23 <sup>a</sup>
REM-Lyndale 2210 Lyndale Avenue North Minneapolis, MN 55411 (612) 922-6776	Residential	Adults	Intermediate Care Facility for the Mentally Retarded (ICF-MR)	36	14
St. Cloud Children's Home 1726 7th Avenue South St. Cloud, MN 56301 (612) 251-8811	Residential	Juveniles	General treatment, with some emphasis on sex offenses	16.5	20
St. Joseph's Home for Children 1121 46th Street East Minneapolis, MN 55407 (612) 827-6241	Residential	Juveniles	General treatment, with some emphasis on sex offenses	9	11 (est.)
Seals and Associates, Inc. 1111 3rd Avenue South, Suite 141 Minneapolis, MN 55404 (612) 673-9628	Outpatient	Adults	Sex offender treatment	18	106 (est.)
South Central Human Relations Center 215 South Oak Avenue Owatonna, MN 55060 (507) 451-2630	Outpatient	Adults & Juveniles	Sex offender treatment	24	10
Spectra 206 4th Street West Duluth, MN 55806 (218) 720-3031	Outpatient	Adults & Juveniles	Sex offender treatment	22.4	71 <sup>a</sup>
Storefront Youth Action 7145 Harriet Avenue Richfield, MN 55423 (612) 830-1331	Outpatient	Juveniles	Sex offender treatment	15	25
Joe Switras 208 2nd Street West Fairmont, MN 56031 (507) 235-5651	Outpatient	Adults & Juveniles	Sex offender treatment	5	20 (est.)

Treatment Provider	Program Type	Program Treats	Program Orientation	Average Length of Treatment (Months)	Number Served in 1992
Robert V. Thureson 2445 Park Avenue Minneapolis, MN 55404 (612) 872-0045	Outpatient	Adults	Sex offender treatment	12	20
Transition Place 23 4th Street Southeast, #202 Minneapolis, MN 55414 (612) 379-8050	Outpatient	Adults	Sex offender treatment	18	60
Upper Mississippi Mental Health Center P.O. Box 640 Bemidji, MN 56601 (218) 751-3280	Outpatient	Adults & Juveniles	Sex offender treatment	12	57
Uptown Mental Health Center 2344 Nicollet Ave. S., Suite 120 Minneapolis, MN 55404 (612) 871-1111	Outpatient	Adults	Sex offender treatment	24	14
	Outpatient	Juveniles		24	8
Welcome Home 4250 Stone Bridge Minnetrista, MN 55364 (612) 474-7052	Residential	Juveniles	General treatment, with (est.) some emphasis on sex offenses	2	15
West Central Community Services Center P.O. Box 787 Willmar, MN 56201 (612) 235-4613	Outpatient	Adults & Juveniles	Sex offender treatment	42	50
Western Human Development P.O. Box 450 Marshall, MN 56258 (507) 532-3236	Outpatient	Adults & Juveniles	Sex offender treatment	Unknown	17
Wilder Child Guidance Center 919 Lafond Avenue St. Paul, MN 55104 (612) 642-4001	Outpatient	Adults	Sex offender treatment	18	10
Wilson Center Faribo Town Square 201 Lyndale Avenue South, Suite U Faribault, MN 55021 (507) 332-2253	Outpatient	Adults & Juveniles	General treatment, with some emphasis on sex offenses	6	4 (est.)
James Wright 1020 146th Street East, Suite 115 Burnsville, MN 55337 (612) 431-2191	Outpatient	Juveniles	Sex offender treatment	14	16
Zumbro Valley Mental Health Center 2116 Campus Drive S.E., Suite 105 Rochester, MN 55904 (507) 281-6240	Outpatient	Adults & Juveniles	Sex offender treatment	28	24 (est.)

Note: Two treatment providers were omitted from this list by request.

<sup>a</sup>Data from period other than 1992.