

Emergency Ambulance Services

February 25, 2022



Key Findings

- Process for allocating ambulance services to geographic areas needs reform
- License renewal process lacks oversight
- State performance standards do not exist
- Outstate services are struggling
- Emergency Medical Services Regulatory Board (EMSRB) has not fulfilled its responsibilities



Ambulance Services in Minnesota

- 277 ambulance services as of July 2021
- Over 650,000 ambulance trips in FY2021
- Paid staff, volunteer staff, or mixed paid/volunteer
- Services are run by:
 - Local governments or fire departments
 - Hospitals and health care systems
 - Nonprofit organizations
 - For-profit companies

Levels of Care

Basic Life Support (BLS)

- Emergency medical technicians (EMTs)
- Basic care, very limited medications
- Typically low-population areas

Advanced Life Support (ALS)

- Paramedics
- Sophisticated procedures, many medications
- Typically high-population areas



Emergency Medical Services Regulatory Board (EMSRB)

- Licenses ambulance services
- Certifies paramedics and EMTs
- Investigates complaints
- Inspects services
- Provides grants to regional organizations

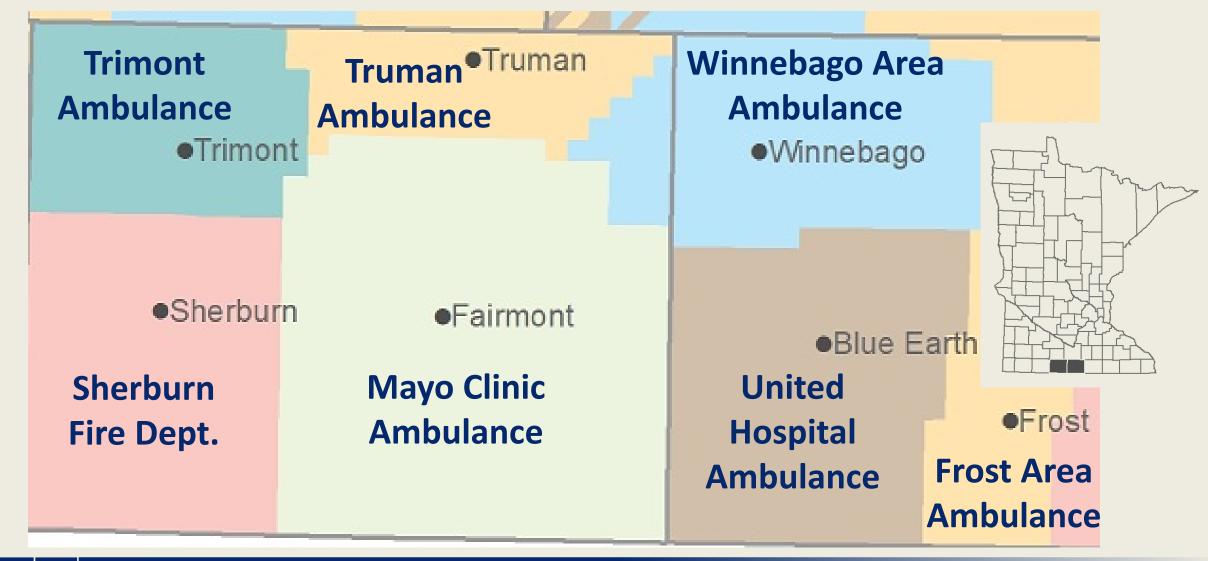


Primary Service Areas

- Geographic area associated with license
- First created in early 1980s
- Ambulance service must ensure coverage 24 hours a day within the area
- Service cannot deny care to anyone within the area based on ability to pay



Primary Service Areas



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Advantages and Disadvantages

- System has helped ensure all Minnesotans have access to ambulances
- But, significant problems exist:
 - System not designed to change with times
 - Disparities in local control



Recommendations: Primary Service Areas

Legislature should keep primary service areas, but restructure how they are created, modified, and overseen

- Develop process for periodically reviewing boundaries
- Enable local units of government to have input into who provides service





Initial Licensure

- Includes public comment and local government input
- Almost never used

License Renewal

- Practically automatic; almost no requirements
- Only process used by most services for decades



Changes In Provider

- Statutes do not require initial licensure process:
 - When a license is transferred from one service to another
 - When a license holder that contracts for ambulance provision switches from one provider to another
- A community's ambulance service can change without opportunity for public comment or local government input



Recommendations: Licensing

- Legislature should make license renewal process more stringent
- Legislature should require that ambulance services go through initial licensing process whenever a community's provider changes



Accountability

- Standards for ambulance services focus on capabilities, not outcomes
- EMSRB has the authority to set many performance standards, but has not done so
- EMSRB lacks authority to set standards for some key elements, such as response times



Recommendations: Accountability

The Legislature should require EMSRB to set and enforce performance standards

EMSRB should work with the Legislature to determine whether it needs additional authority



Ambulance Service Sustainability

- Many ambulance services, particularly outstate, struggle with staffing and revenue
- 30 percent of ambulance service directors are not confident their services will be able to meet the needs of their communities in 5 years
- Some services are unable to respond at times, and must rely on neighboring services



Recommendation: Sustainability

Many suggestions have been made, but most are untested



Legislature should experiment with strategies to support struggling services

- Trial policies with sunset dates
- Pilot projects that involve a few services
- Monitoring and evaluation of outcomes



EMSRB Performance

- No statewide plan or strategy
- No board action on sustainability issues
- No updates to regulations
- No collection of financial data as required by law
- No publication of primary service area maps



EMSRB Oversight of Agency

- No evaluation of executive director in over 5 years
- Agency was formed with 17 staff in 1996
- In recent years, as few as 3 staff
 - Inspections were not done
 - Investigations were not done
- EMSRB returned money to the general fund in each of the last three biennia



Recommendations to the Legislature

Require EMSRB to create a statewide emergency medical services plan

Require EMSRB to regularly evaluate its executive director



Recommendations to EMSRB



Improve board oversight of the agency



Ensure agency has sufficient staff to carry out its responsibilities



Begin collecting financial data as required by law



Update administrative rules



Publish primary service area maps



Broader Restructuring

Legislature should consider whether broader structural changes to EMSRB are needed. It could:

- Change composition of board, for example by increasing public membership
- Require term limits
- Move some or all of EMSRB's functions elsewhere
- Keep status quo, but monitor EMSRB's improvement efforts



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